

## The role of natural killer cells in hepatocellular carcinoma development and treatment: A narrative review



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### Abstract

A major obstacle for treatment of HCC is the inadequate efficacy and limitation of the available therapeutic options. Despite the recent advances in developing novel treatment options, HCC still remains one of the major causes of cancer morbidity and mortality around the world. Achieving effective treatment and eradication of HCC is a challenging task, however recent studies have shown that targeting Natural Killer cells, as major regulators of immune system, can help with the complete treatment of HCC, restoration of normal liver function and subsequently higher survival rate of HCC patients. Studies have shown that decrease in the frequency of NK cells, their dysfunction due to several factors such as dysregulation of receptors and their ligands, and imbalance of different types of inhibitory and stimulating microRNA expression is associated with higher rate of HCC progression and development, and poor survival outcome. Here in our review, we mainly focused on the importance of NK cells in HCC development and treatment.

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### Introduction

Primary hepatic cancer is ranked as fifth common cancer which has a high incidence and prevalence worldwide. Epidemiological data shows that mortality rate due to hepatic cancer is considered to be the second among different types of cancers, which is approximately 9.1% of total cancer deaths [1]. The most common type of hepatic cancer is hepatocellular carcinoma consisting 70%–90% of primary hepatic cancer cases with 75% of cases occurring in Asia [2]. HCC is strongly associated with chronic infection with HBV, however the specific mechanism is still unknown. Some other risk factors that have a major role in development and progression of HCC are HCV infection, diabetes, alcoholism, chronic exposure to aflatoxin, nonalcoholic steatohepatitis and inherited disorders such as alpha-1 antitrypsin deficiency [3]. In human body, intra and extra-hepatic NK cells, as major cells of our innate immune system, have a critical role in body's immune responses against cells infected with HBV or HCV and also tumors like HCC [4]. These NK cells have various functions such as granzyme/perforin-mediated apoptosis, Fas/FasL-mediated cell death,

production and secretion of different types cytokines, and activation of NK and cytotoxic T lymphocytes by cytokines [5].

### NK Cells in Initiation, Progression and Death of HCC

Both HBV and HCV infections cause liver cell injury and ultimately result in the liver cirrhosis, fibrosis and even HCC [6]. NK cells kill the virus-infected cells by NK cell-mediated cytotoxicity, which requires

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direct contact of the NK cell with the target cell, and immunological synapse formation. Several mechanisms regulate NK cell-mediated cytotoxicity such as the activation of apoptosis via the extrinsic pathway mediated by Fas-L and Fas [7], NK cell release of granzymes and perforins at the immunological synapses [8], which leads to elimination of HBV-infected cells, thus our body can protect itself against HBV infection [9]. Continuous destruction of target cells by NK cells leads to a nearly complete lytic granule and cytotoxic effector molecules depletion, which can lead to an exhausted state until they detach and get exposed to the activating factors such as interleukin-2, which can lead to restoration of their cytotoxic function [10]. Intra-hepatic NK cells have an important role in fighting against HBV infection and prevention of further complications caused by hepatitis B such as liver fibrosis. They exert their effect by inducing hepatic stellate cells apoptosis [11,12] production and release of various pro- and anti-inflammatory cytokines such as TNF- $\alpha$ , granulocyte monocyte-colony stimulatory factor, interleukin-2, interleukin-10, interleukin-13, and interleukin-22 [5,9,13] and an intricate balance among these factors is necessary for their normal function. During chronic hepatitis B infections, there is an abnormal serum level of cytokines along with a rise of anti-inflammatory cytokine levels and a decrease of pro-inflammatory cytokines. This change in cytokine release is proposed to suppress normal immune responses against HBV, thus disrupting normal NK cell function [5,14]. Both TNF- $\alpha$  and IL-6 are produced and secreted by macrophages, play an important role in liver pathological and physiological reactions such as regeneration and HCC. Liver progenitor cells, also known as oval cells, can differentiate into both cholangiocytes and hepatocytes, which are important for restoring liver mass under pathological conditions. Ji et al. [43] demonstrated that IL-6 promotes oval cell regeneration and proliferation, while TNF- $\alpha$  does not do so. Hence, deletion of IL-6 leads to an increased HCC development and tumor burden along with a significant reduction of NK cell levels. This suggests that NK cell-mediated HCC suppression is mediated by IL-6, however the underlying mechanism is yet to be elucidated [43]. IL-1 $\alpha$  has multiple forms in vivo with each proposed to have varying functions. Membrane IL-1 $\alpha$  inhibits HCC growth by promoting in vivo activation of NK and T cells, while increasing cytotoxic T and NK cells cytotoxicity [44]. Overall, increased release of IL-6 and membrane IL-1 $\alpha$  are considered protective against HCC via NK cell related mechanisms. Furthermore, these cytokines might have an important role in complications associated with HBV infection such as HCC and liver cirrhosis, demonstrating NK cells' importance in the development of HCC [11,12]. The study done by Yoon and colleagues [15] demonstrated that NK cells play a critical role not only during the acute phase, but also during every stage of HCV infection. Apart from inducing T cell activation, NK cells protect the liver from chronic hepatitis C-induced fibrosis. They act by inducing hepatic stellate cell apoptosis [16] (Fig. 1).

### Distribution of NK Cell Subtypes in Liver Diseases

Some of the NK cell subtypes that make the NK cell population are not as homogeneous as previously believed. These subtypes are classified according to their relative expression of CD16 and CD15 including CD56<sup>dim</sup>CD16<sup>+</sup>, CD56<sup>bright</sup>CD16<sup>+</sup>, thymic, NK22, and memory NK cells [17].

The main active subtype cytotoxic in viral infections and tumors is CD56<sup>dim</sup>CD16<sup>+</sup>, characterized by high expression of CD16 [17]. Studies show that HBV-infected patients have significantly lower NK

cell expression of CD56, and that this is associated with prolonged HBV infection. This subpopulation is developmentally mature and is the majority of Peripheral blood NK cells [5,18].

NK cells which can be found in secondary lymphoid tissues and also other tissues are predominantly CD56<sup>bright</sup>CD16<sup>+</sup>, which are the predominant cytokine producing subtypes [19]. They are the major source of IFN- $\gamma$  out of all the NK cell subsets, as mentioned before important for stimulation of APCs, pro-inflammatory cytokine production and viral antigen presentation. Although they are classically believed to be the immature precursors of CD56<sup>dim</sup>CD16<sup>+</sup>, recent evidence has cast doubt upon this hypothesis as described by Michel et al. [19]. Thus, activated of NKG2A can further suppress NK cell's response against HCC's immune escape through stimulation of CD56<sup>dim</sup> and CD16. However, expression of CD56<sup>dim</sup> along with a rise in NKG2A expression level is highly correlated with poor prognosis of HCC patients [20].

Thymic NK cells produce IFN- $\gamma$  and TNF- $\alpha$ , which are similar to CD56<sup>bright</sup> NK cells [21] and characteristically express CD127 (IL-7 receptor alpha) and require both IL-15 and GATA-3, a transcription factor, for development. The decreased cytotoxicity makes thymic NK cells less efficient at lysing HBV-infected cells [22,23].

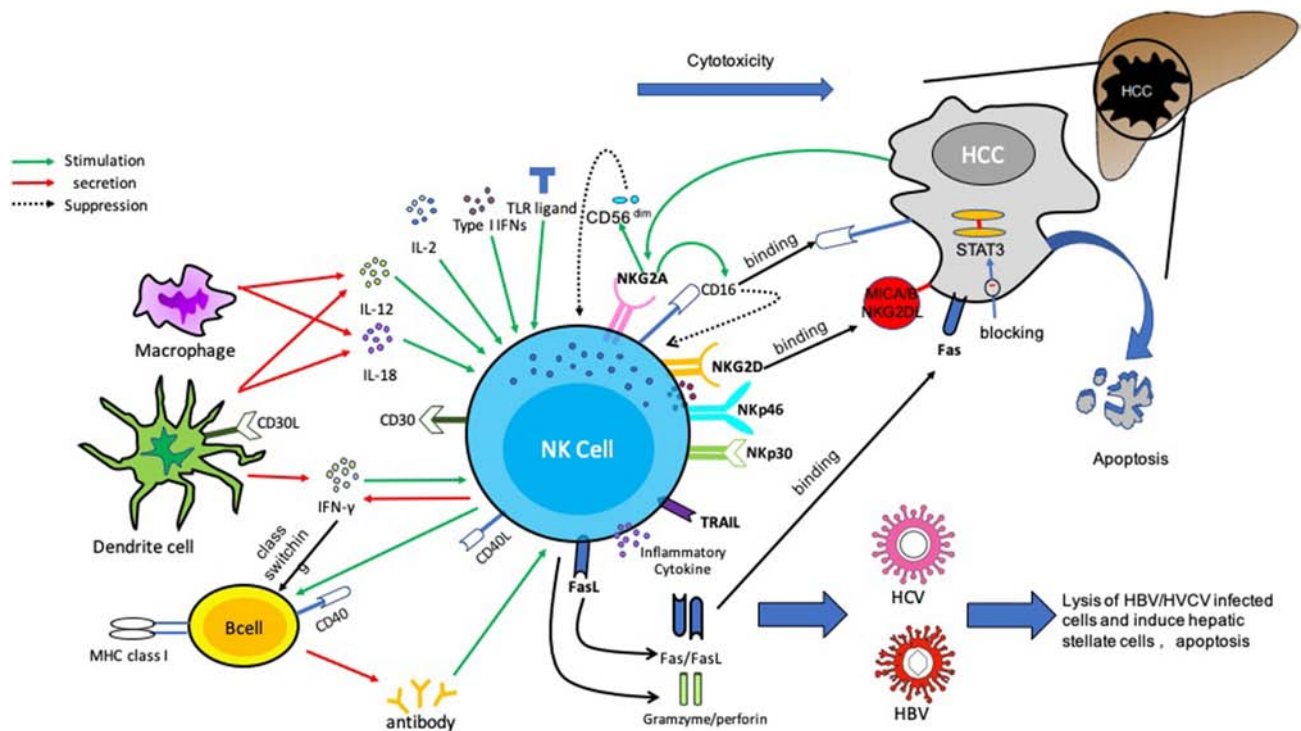
NK22 cells are distinguishable from the other NK subpopulations by being the main IL-22 secreting subtype. They showed to play a role in hepatocyte proliferation and abnormalities are usually associated with the HCC development. However, little is known about NK22 role in HBV infections. These NK22 cells also express granzyme-B and different types of cytokines, but at relatively lower amounts comparing with other NK cell subtypes [23,24].

A subset of NK cells, paradoxically as a member of innate immune system, can also mediate memory responses which are called memory NK cells. It has been reported following a number of viral infections such as influenza, HSV-2, and HIV type 1, these memory NK cells are present in the liver. This is suggestive that the liver may be hub for these memory NK cells; however, it is still unclear whether these are resident liver cells that exist in a stable state in liver sinusoids or just passer-by cells that enter the liver via the bloodstream [25]. Choreño et al. [26] favor the hypothesis that these cells circulate within lymph nodes and lymphatic vessels, which are the major sites of antigen priming. Following activation in these secondary lymphoid organs, the NK cells enter the liver in which they then reside until the next re-exposure to the antigen. Re-exposure at secondary sites makes them migrate to the sites of the antigen challenge and exert their memory functions [26]. Jiang et al. hypothesized that because memory NK cells are unable to be measured outside of the liver, the second antigenic challenge at distal locations causes memory NK cell differentiation into effector NK cells triggering their exit from the liver [25]. Liver specific tissue resident DX5<sup>-</sup>CD49<sup>a+</sup> NK cells with memory potential exist in the liver whilst being developmentally distinct from NK cells derived from bone marrow. These are a subset of liver NK cells that can exert secondary immune responses to haptens, which is dependent upon the activity of the NLRP3 inflammasome [25,27]. However, their relationship with hepatitis B has not been uncovered yet, but provides potential as a novel new avenue for treatment.

### Pathophysiological Changes of NK Cells in HCC

#### Antigen-Presenting Cell Activation

NK cells interact with antigen presenting cells such as macrophages, B-lymphocytes, and Dendritic cells, which can result in



**Fig. 1.** Summary of important cells, ligands, cytokines and their receptors involved in the growth, development and death of HCC cells. NK cells, as important components of our immune system, play a major role in different stages of HCC development. Their function is mainly regulated through interaction with other immune cells such as macrophages, dendritic cells and B-lymphocytes, which is mediated by different types of cytokines, ligands and their receptors. Macrophages and dendritic cells stimulate the NK cells by secretion pro-inflammatory cytokines such as IL-12 and IL-18. On the other hand, NK cells are also stimulated by the dendritic cells via their CD30 ligand. Interactions between B cells and NK cells occur via CD40 and CD40L leading to B cell maturation, isotype switching, antibody secretion, and NK cell-mediated IFN- production. Along with the above-mentioned cytokines and ligands, IL-2, type I IFNs and TLR ligand cause further stimulation and increase in cytotoxicity of NK cells. Upon activation, NK cells secrete pro-inflammatory cytokines and use Fas/FasL and Granzyme/perforin-mediated mechanism to induce apoptosis of hepatic stellate cells and lysis of HBV/HCV-infected cells. NKG2A is an inhibitory receptor which suppresses NK cells through CD16 and CD56dim, thus leading to increased growth and development of HCC. NKG2D is another important receptor, which is activated upon binding to its ligand MICA/B on HCC cells, thus leading to increased cytotoxicity of NK cells and blockade of STAT3. All of these lead to the apoptosis of HCC cells and prevention of HCC progression and metastasis.

immune reactions such as the triggering of cytokine release. Interactions between B cells and NK cells occur via CD40 on the B cell and CD154 or CD40L on the NK cell leading to B lymphocyte maturation, isotype switching, antibody secretion, and NK cell-mediated IFN- production. CD40 expressing B cells express MHC-I in order to inhibit NK cell-mediated cytotoxicity of cells expressing CD40 [5]. Furthermore, the spleen, where NK cells interact with B cells to produce antibodies, is heavily implicated in normal NK cell function [28]. Macrophages and DCs interaction with NK cells lead to IL-12 and IL-18 production. These interleukins have a compounding effect with normal cytotoxic NK cell function [29]. Following viral infection, macrophages produce an additional amount of IL-15 and IL-27, which are pro-inflammatory types of cytokines, leading to NK cell activation and differentiation [5]. In summary, NK cells can directly kill cells infected with HBV and inhibit replication of HBV, via interaction with macrophages and DCs which leads to production and release of pro-inflammatory cytokines such as IL-12, which is important in immune responses targeting HBV infection [10].

A number of immune cells such as dendritic cells, B and T lymphocytes regulate human NK cells by their precise interactions with these cells. Furthermore, they are regulated via interactions with cancer cells and cytokines in the local tumor microenvironment.

T regulatory cells are intricately linked with NK cell homeostasis and attenuating target cell sensitivity via minimizing IL-2 to NK cells. The converse is also true as NK cells regulate antigen-specific T lymphocytes during viral infections. NK cell depletion results in an increase in antigen-specific T lymphocytes, thus these NK cells are proposed to lower the immune reactions against tumors through reduction of T cell levels.

B cell secretion of antibodies can result in ADCC, which utilizes NK cells through CD16 and Fc receptors. Reciprocally, NK cells can activate B cells and induce class switching via IFN- cytokine release.

There is also two-way regulation present between Natural Killer and Dendritic cells through multitude of multifaceted indirect and direct mechanisms. Dendritic cells can directly activate Natural Killer cells via IL-15 trans-representation, cytokine secretion, which includes type I IFNs, and direct binding of CD30L on DCs and CD30 on NK cells. NK cells can also indirectly modulate DC function, and thus the body's immune response. One example is that NK cells can lyse antigen presenting DCs which thus reduces the number of APCs and subsequent T cell activation. This further decreases DC cytokine secretion leading to a decreased the immune response [30].

NK cells play an integral anti-tumor role in preventing liver fibrosis by inducing hepatic stellate cells' apoptosis [11,12]. These Natural

Killer cells, which are widely distributed in lymphoid and non-lymphoid tissues, perform immunosurveillance via their inhibitory receptors killer-immunoglobulin-like receptor and NKG2A to check if the right MHC is expressed.

**Important NK cell receptors.** Natural Killer cells express different types of receptors for regulation of inhibition and stimulation [31]. There is a group of receptors that cause inhibition of NK cells' function, via immunoreceptor tyrosine-based inhibition motifs (ITIMs) leading to phosphatase recruitment. These inhibitory receptors include NKG2A, KLRG1, and LIR-1/ILT2 [32]. The other main groups of receptors that are associated with stimulation of NK cells are as follow: 1) receptors that are associated with immunoreceptor tyrosine-based activation motif (ITAM)-coupled adaptor proteins including CD16, NKP46, KIR2DS1); 2) receptors not associated with ITAM motifs including NKG2D, CD2, CD7, DNAM-1); and 3) integrin adhesion molecules including VLA-4, VLA-5, CR3 [32]. Apart from the previously mentioned receptors, NK cell signaling and regulation is also controlled by chemokines and cytokines. They aid in recruiting NK cells to the areas of inflammation, which aids in combating infections. Some examples of the chemokine receptors are as follow, CCR1, CCR2, CCR3, CXCR1, CXCR2, and XCR1 and similarly for receptors for cytokines such as IL-2R, IL-2R, IL-12R, IL-23R, and TNF-R [31]. A balance between inhibitory and stimulating signals at their respective receptors is important in NK cell activation and subsequent functioning.

IL-1R8 is another important receptor which serves as NK cell checkpoint. Molgora and colleagues showed that IL-1R8 inhibition results in higher NK cell susceptibility of hepatic cancer cells, thus plays a critical role in body's immune defense against tumors, whilst implicated in metastases [33].

NKG2D is an important activating receptor, which is expressed on Natural Killer cells,  $\gamma\delta$ , and some CD4<sup>+</sup> and CD8<sup>+</sup> T lymphocytes [34]. Its predominant ligands include UL-16 binding proteins such as ULBP2, and the MHC-I-related chain molecules A and B (MICA/B) which all are important for mediating cytotoxicity of NK cells [35]. NKG2D ligands expression is usually minimal in healthy cells, however stressful events such as transformation into malignancy or infections can cause an upregulation [34]. For example, MICA/B expression in normal tissues is limited predominantly to the gastrointestinal epithelium and thymus, however MICA/B have been found in several types of cancer cells such as colon, liver, and prostate cancer [36]. Following ligand-receptor engagement, association with the adaptor molecule DAP10 is integral for signal transduction. This occurs mechanistically through tyrosine phosphorylation of the YxxM motif leading to receptor complex coupling to the PI3K/Grb-2-Vav pathway [37]. Activation ultimately triggers cell-mediated cytotoxicity, thus promoting killing of tumor and infected cells [34,38].

**Tumor microenvironment.** The tumor microenvironment (TME) of HCC has been found to have raised resident NK cells, tissue-resident memory CD8<sup>+</sup> T cells, regulatory T cells, and tumor-associated macrophages levels. Analysis of both TME and non-tumor microenvironment (NTME) elucidated a chemotactic gradient for tumor-associated macrophages and resident NK cells via CXCR3/CXCL10 and CCR6/CCL20 pathways respectively [39]. For most solid tumors, cancer-associated fibroblasts (CAFs) play a general role in tumorigenesis by taking part in stimulation of proliferation of cancer cell, angiogenesis, and invasion. In a research done by Jia and

colleagues [40], CAFs isolated from MHCC97L and HEP3B HCC cell lines caused a suppression of NK cell activation, thus providing a better condition for HCC progression [40]. CD4<sup>+</sup> T lymphocytes have been demonstrated to play a key role in NK cells' activation through modulation of Th1 and Th2 cytokines. Even splenic NK cell cytotoxicity is reduced following CD4<sup>+</sup> depletion [41]. Wu et al. [42] discovered that a number of NK cells in advanced-stage HCC patients were decreased along with a decreased TNF- $\alpha$  and IFN- $\gamma$  expression level. They also found that monocytes/macrophages infiltration of peritumoral stroma was associated with reduced intratumoral NK cell activity [42].

**Dysfunction of NK cells.** Cytolytic Natural Killer cells play an integral role in body's immune defense mechanism against malignant tumors such as HCC. However, earlier studies have demonstrated that the frequency of NK cells, lymphokine-activated killer cells and IFN- $\gamma$  production is significantly decreased in malignancies [43]. Further studies on HCC patients suggest that activity of NK cell is negatively correlated with the disease progression [44].

Different studies have shown that modulation in the secretion of several types of cytokines, i.e. IL-12, IL-2, TGF- $\beta$ 1 and their related receptors, may affect NK cell activity, thus contributing to the progression of the disease.

Tomoyuki et al. demonstrated that the pulsatile procedure of IL-12 combined with IL-2 leads to higher production of IFN- $\gamma$  and TNF- $\alpha$ , increased activation, proliferation, and NK cell cytolytic activity [45]. From HCC associated fibroblasts, PGE2 and IDO have been shown to be immunosuppressive, leading to decreased activation and increased NK cell dysfunction [46]. Natural Killer cells and plasmacytoid Dendritic cells also increase IDO activity via IFN- $\gamma$  and also IFN- $\gamma$  dependent mechanisms [47].

Interestingly, HCC cells can also produce different types of cytokines, such as TGF- $\beta$ 1. To determine its role, Mouri and colleagues used TGF- $\beta$ 1 in the culture supernatants conditioned by PRF / PLC /5, HepG2, and Hep3B HCC cell lines to assess its effect on IFN- $\gamma$  production. The results showed that TGF- $\beta$ 1 may reduce the activation and NK cell and Cytotoxic T lymphocyte cytolytic activity through reduction of IFN- $\gamma$  production [48], this can thus attenuate the immune response.

Experiments on co-cultured NK K562 cells and Huh7 cells with AFP-treated dendritic cells showed NK cells cytolytic activity compared with albumin-treated DCs was decreased. Subsequently, interaction of AFP with DCs can cause an impairment of IL-12 production, leading to inhibition of DC-dependent Natural Killer cell activation, suggesting the immunosuppressive role of AFP in HCC development [49]. Of interest, although tAFP indirectly impairs DC-dependent NK cell activation by impairing IL-12 production, recent studies suggest that the short-term exposure of Natural Killer cells to tAFP and nAFP (cord blood-derived AFP) leads to a pro-inflammatory IL-2-hyperresponsive phenotype in Natural Killer cells, which is characterized by CD-69 upregulation and enhanced tumor surveillance function. However, long-term co-culture of NK cells with t-AFP is negatively correlated with long-term viability of NK cells. It's noteworthy to mention that AFP itself can directly activate NK cells [50].

Further studies by Tong et al. has shown that HCC suppression is impaired by the absence of IL-6, leading to a decreased number of functioning NK cells [51]. Moreover, Zhang et al. discovered that subsets of liver-infiltrating CD11b<sup>-</sup>CD27<sup>-</sup> NK cells with decreased cytolytic activity and deficient potential of IFN- $\gamma$  production may

result in the tumor-infiltrating Natural Killer cell dysfunction in HCC patients [52]. Further assessment of peripheral blood Natural Killer cells of patients with HCC receiving hepatectomy showed that the number of NKG2DCCD56<sup>dim</sup>NK cells is significantly decreased, which is accompanied with raised serum TGF- $\beta$  and soluble MICA (sMICA) levels. These findings are correlated with a poor prognosis of HBV-related patients with HCC at one month post-hepatectomy [53].

Several attempts to establish a link between dysregulation of different receptors, their ligands, and dysfunction of NK cells have been made. Assessment of patients with primary HCC showed that increased dysfunction of NK cells is associated with the lower expression of NKG2D, which is mainly affected by the liver function and NK cells activity [54]. Another study by Sun et al. demonstrated that factors from cancer nests in HCC can cause an increase in NKG2A expression contributing to NK cells exhaustion. Therefore blockade of NKG2A can be used as the potential therapeutic pathway to restore the normal Natural Killer cell cytolytic activity to fight the tumor cells [20].

Interestingly, assessing a subset of monocytes from advanced-staged HCC tissues has shown that increased expression of CD48 proteins on these monocytes is negatively correlated with NK cell TNF- $\alpha$  and IFN- production. Further experiments, showed that blocking 2B4 NK cell CD48 receptor, but not NKG2D and NKp30, is associated with the attenuation of monocyte/macrophage-elicited NK cell dysfunction [42]. This CD40 blockade also provides a potential therapeutic pathway for treatment. Another study done by Zhang and colleagues suggests that CD24 expression on HCC tumor tissue and its subsequent interaction with siglec-10 receptor on NK cells may lead to decreased survival and increased dysfunction of NK cells [55]. CD133 is another important ligand which is expressed in low frequency on HCC tissue cells. Studies have shown that CD133-expressing cells are insensitive to NK cell cytolytic activity. Normally, ADAM9 protease is engaged in the shedding of MICA. However, experiments showed that decreased ADAM9 protease expression on CD133si-PLC/PRF/5 and CD133-Huh7 cells led to increased membrane-bound MICA and decreased sMICA production [56]. These findings suggest that CD133 expression of tumor cells is predictive of a poor prognosis in patients with HCC [56]. Therefore CD48, CD24, and CD133 can all be considered immunosuppressive via mechanisms involving NK cells which can lead to the increased progression and ultimately poor prognosis of HCC.

Endoplasmic reticulum (ER) adaptor protein (ERAdP) is a novel ER membrane protein similarly implicated in NK cell dysfunction. It is constitutively expressed in both mouse and human Natural Killer cells, and its expression is attenuated in peripheral Natural Killer cells of HBV-associated HCC patients. ERAdP enhances Ubc13-mediated NF- $\kappa$ B ubiquitination to stimulate the Ubc13-mediated NF- $\kappa$ B pathway, thus resulting in activation of Natural Killer cells [57].

Discovering new ligands, receptors and pathways can unravel new therapeutic methods to fight against HCC and increase the survival rate of these patients. Apart from the other factors, it's important to note that any change in the tumor microenvironment, such as liver fibrosis, can disrupt the normal interaction between NK cells and tumor cells. This disruption can cause an inhibition of matrix metalloproteinase expressed on NK cells by matrix metalloproteinase inhibitors, leading to the slower migration of these cells toward their target (tumor and stellate cells). That could be a reason for decreased NK cell activity in conditions like extensive liver fibrosis leading to higher risk of HCC development [58].

## The Interaction of Oncogenes With NK and HCC Cells

### HCC Oncogenic Pathway

HCC development requires a complex interaction between numerous cellular events. Tumorigenesis is dependent on the tumor microenvironment and its interaction with different types of immune cells such as macrophages, neutrophils, myeloid-derived suppressor cells, NK cells, and tumor-infiltrating cells lymphocytes such as CD8+, CD4+ and regulatory T lymphocytes, altogether exhibit pro-tumor and/or anti-tumor effects. In addition, tumor cells activation and proliferation require oncogenic cellular pathways such as Wnt/beta-catenin, nuclear factor-kappaB, JAK/STAT, cMET, IGF, phosphatidyl-3 kinase/AKT/mammalian target of rapamycin and Raf/MAPK along with transcription activators and signal transducers and all of which are considered to be fundamental aspects of tumorigenesis [59]. Immunoevasion is a hallmark of tumorigenesis, which can be achieved by amelioration or impairment of NK cell cytotoxicity as a method to evade host immunity [60].

STAT3 is another important transcriptional factor that plays an integral role in different cell functions, which is associated with tumor cell inflammation, cell proliferation and HCC development [15]. High levels of STAT3 is correlated with enhanced HCC progression, recurrence, and metastasis. Yang et al. showed that inhibit HCC cell growth and decrease HBV infection-related HCC by blocking STAT3 signaling using shRNAs [61]. Further studies by Sun et al. also showed that blockade of HCC tumor STAT3 resulted in TGF- $\beta$  downregulation and type I IFN upregulation of HCC cells and restoration of the normal function of NK cells, suggesting the importance of STAT3 blockade as a novel strategy for HCC treatment. Thus, blocking of STAT3 in HCC cells caused an enhancement Natural Killer cell cytolytic activity through NKG2D ligand upregulation and facilitating recognition of HCC cells by NK cells. These results show the importance of STAT3 blockade for the improvement of NK cell cytotoxicity and its direct impact on tumor cells [62].

The expression of CD44 is upregulated in HCC patients, however higher expression levels of CD44 is associated with worse prognosis compared to that of patients with lower level of CD44. Kim et al. found that inhibition of mTOR resulted in downregulation of CD44 expression, thus inhibition of PI3K-AKT-mTOR pathway is associated with a better prognosis of HCC. [63,64]. On the other hand, a series of experiments by Liu and colleagues showed that Ras activation is associated with NKG2D ligand upregulation which is dependent on Raf, MAPK/MEK and PI3K pathways. This NKG2D ligand upregulation leads to increased sensitivity of NK cells to tumor cells, thus leading to increased cytotoxic activity of NK cells against HCC cells [65].

Astrocyte elevated gene-1 (AEG-1) is implicated in HCC as a key driver of HCC progression and development. AEG-1 shRNA augments the anti-proliferative effect of Huaier polysaccharide (HP) in the human HCC MHCC97-H cell lines. This could be in part via the inhibition of the PI3K/Akt pathway and enhancement of the Natural Killer cell-mediated response, which causes a decrease in tumorigenesis and progression of HCC [66].

*Progression of HCC. MHC-I Polypeptide-Related Sequence A /B (MICA/B).* The MHC-I polypeptide-related sequence A /B (MICA/B) play an integral role in body's immune mechanism against different types tumors. One of their major roles is to tag cancer cells for further recognition by cytotoxic NK and T

lymphocytes [67]. MICB is a protein imperative for modulation of NK and activation of T lymphocyte via NKG2D receptor. Tong and colleagues found that Soluble MICB (sMICB) level was strongly associated with platelet counts and were both elevated in HCC subjects compared to that of healthy controls [68].

Fang et al. [69] found in a cohort of 96 patients with HCC, those with low expression of MICA/B in hepatoma cells tended to have a shorter survival time [69]. miR-889 overexpression inhibits mRNA and protein expression of MICB in SMMC7221 and HepG2 HCC cells. Therefore miR-889 upregulation attenuates the susceptibility of HCC cells to Natural Killer cell-based cytotoxicity [70].

Experiments on multiple immunocompetent mouse models showed that treatment with antibodies targeting MICA α3 domain induces NK cell mediated immunity [67].

*Important NK Cell-Related microRNAs in HCC.* MicroRNAs (miRNAs) are a category of small non-coding RNAs, which have important roles as key modulators of post-transcriptional gene expression. MicroRNAs are known to affect many physiological and pathological conditions via mechanisms such as translational repression, activation, and mRNA degradation, usually by imperfect complementary base pairing to 3'-untranslated regions [58,59]. Impaired regulation of miRNAs frequently occurs in cancers, and can modulate different aspects of tumor biology such as immune avoidance, metastasis, proliferation, and survival [60]. Historically, miRNAs relating to cancer have been classified as either oncogenic (oncomiRs), which are overexpressed in tumors, or tumor suppressive, which are underexpressed. However, certain miRNAs such as miR-125b and miR-155 can act as either a tumor suppressor or oncomiR depending on the context, such as different types of malignancies. This can be understood by the fact that a single miRNA can target many different mRNAs, which can have opposing functions. Therefore, Svoronos et al. suggested a more holistic approach in examining the effects of miRNAs in cancer by considering miRNAs multiple targets, different cell types, and different therapies [60]. In this review, however, we specifically examine the effects of miRNAs on NK cell regulation in hepatocellular carcinoma (HCC) (Table.1).

A number of miRNAs have been studied regarding their effects on NK cell regulation. MicroRNAs such as miR-30c-1, miR-17-92, miR-889, miR-182, miR-34a-5p, miR-122, miR-146a possess the ability to enhance NK cells activation in hepatocellular carcinoma [71]. For instance, upregulation of miR-30c-1 would activate

Transmembrane TNF-α, which then leads to enhanced NK cell function in the hepatoma cell lines mmc-7721 and HepG2 cell lines. HMBOX1 inhibitory transcription factor have been known to have an impact on miR-30c-1 expression in NK cells, ultimately lowering its activity, therefore upregulation of miR-30c-1 results in raised mTNF-α expression, increased proliferation of NK cells; thus by targeting HMBOX1 inhibitory transcription factor, NK cell function on hepatoma cells within the peripheral blood is increased [13].

Six cellular miRNAs (miR-20a, miR-93, miR-106b, miR-372, miR-373 and miR-520d) that target MHC-I related chain molecules A and B (MICA/B) mRNA were identified by Stern-Ginossar and colleagues [72]. Proteins from the MICA/B loci stimulate NKG2D receptor which is constitutively expressed on almost all Natural Killer and CD8+ cells. NKG2D receptor is generally believed to recognize “induced self” such as hyper-proliferative cells, infected cells, and transformed cells, then stimulate cell-mediated cytotoxicity, however this mechanism is complex and not clearly understood [73]. miR-20a is known to be a part of miR-17-92 cluster, designated as oncomiR-1, has been characterized to accumulate in a number of malignancies such as HCC [74]. Increased miR-17-92 cluster expression in HCC has shown to be involved in sorafenib resistance. The exact mechanism has not fully elucidated, however it is proposed to be related to the activation and inhibition of specific parts of the downstream EGFR/IL-6 signaling pathway [75]. Additionally, miR-20a has been shown to decrease MICB mRNA in HepG2 and H7402 cells, while also being implicated in tumorigenesis [76]. Similarly, miR-889 overexpression in-vitro inhibits MICB mRNA and protein expression in SMMC7221 and HepG2 HCC cells and a negative correlation was also found between the two in-vivo experiments. Thus, upregulation of both miR-20a and miR-889 decreases MICB expression which then, via decreased activation of NKG2D, attenuates HCC cell susceptibility to Natural Killer cell-based cytotoxicity [38,70,76]. Moreover, both miR-93 and miR-106b are members of miR-106b-93-25 cluster, with the high expression levels of its host gene minichromosome maintenance complex component 7 (MCM7) which is regarded as poor prognosis of HCC indicator [38,77,78]. Mechanistically, inhibition of MCM7 upregulates cyclin D1 via MAPK pathway modulation, thus restraining cell cycle progression by inducing G1 arrest in HCC cell lines [38,78]. miR-182, as a part of miR-96/182/183 family, is known to be an oncogenic miRNA in HCC. It increases invasion, metastasis, proliferation, and resistance to chemotherapy in hepatoma cells [79,80]. Abdelrahman and colleagues discovered that miR-182 is upregulated in NK cells of non-metastatic, early-stage HCC patients which resulted in an upregulation and downregulation of NKG2D and NKG2A respectively [1]. In contrast, during late-stage HCC, the relative expression levels of NKG2A and NKG2D was found to be reversed, which decreases the cytotoxicity of Natural Killer cells [81,82]. It was posited that this was due to a compensatory mechanism during the early- stage HCC where NK cells act against hepatoma cells which is also in concordance with their expression in early and late stages of non-small cell lung carcinoma [1,83].

miR-34a-5p has shown to lower androgen receptor (AR) levels in prostate cancer [84]. Shi et al. found that an increase in miR-34a-5p led to suppression of AR expression in SNU423 and HCC SK-Hep1 cell lines. This suppressed AR levels is predicted to cause an upregulation of ULBP2, a NKG2D ligand, thus enhancing NK cell cytotoxicity [85]. A previous report demonstrated the possibility that miR-34a serves as an ULBP2 repressor in melanoma cells, however

**Table 1.** Summary of Important microRNAs Involved in HCC Pathogenesis.

MiRNA	Target Gene(s)	Mechanism	References
miR-20a↑	EGFR/IL-6,MICB	Chemoresistance, Cytotoxicity	[38,70,75,76]
miR-889↑	MICB	Cytotoxicity	[70]
miR-106b, miR-93↑	MCM7	Cell cycle	[38,77,78]
miR-615-5p↑	IGF-1, SHMT2	NK cytolytic activity, proliferation, migration	[96,145]
miR-30c-1↓	TNF-α	Proliferation	[145]
miR-122↓	CCL2	Apoptosis, angiogenesis, metastasis	[87,146]
miR-146a↓	EGFR, ERK1/2, Stat5	Cell growth, apoptosis	[92,93,146]
miR-199a/b↓	mTor,c-Met, PAK4	Proliferation, metastasis, cell growth	[92,93]
miR-214↓	Ctnnb1	Cell growth, invasion	[91, 92 95]
miR-486-5p↓	IGF-1, ULBP2	NK cytolytic activity	[95]

Upregulation:↑ Downregulation: ↓.

AR levels were not measured, therefore it might be due to another mechanism [86].

The chemokine C-C motif chemokine ligand 2 (CCL2) is a chemokine that is upregulated in primary human HCC. It recruits CCR2-positive immune cells to promote inflammation via pro-inflammatory cytokines such as TNF- $\alpha$  and IL-6 production [87]. Decreased level of miR-122 is correlated with poor prognosis and metastasis of HCC [88]. Furthermore, miR-122 depletion in mouse liver results in an upregulation of CCL2, recruitment of CCR2 + CD11bhighGr1+, and hepatitis. Treatment of KO mice with CCL2 neutralizing antibody reduced liver damage, HCC incidence, along with decreased expression of IL-6 and TNF- $\alpha$  downstream targets phospho-STAT3 and c-MYC [87].

miR-146a is a key immune response regulator, with varying roles in different tumor cells. In HCC cells, it is downregulated through the blockage of activated STAT3. Constitutively, activated STAT3 led to an upregulation of inflammatory and immunosuppressive cytokines along with an increased miR-146a expression by binding to the miR-146a promoter. The STAT3-regulated miRNA-146as are posited to be the important modulators of immunosuppression and progression of liver cancer [89]. Lower miR-199a/b and miR-214 expression in NK cells is also associated with the development and progression of HCC [90–92].

miR-199a/b can directly degrade mRNA of proto-oncogenes MET and mammalian target of rapamycin (mTOR), in addition to reducing their encoded protein products. The mTOR pathway is activated by extracellular signaling, causing phosphorylation of its translational regulator phospho-p70S6 kinase, leading to proliferation and progression of cell from G1 to S phase. Thus, miR-199a/b upregulation inhibits proliferation and invasiveness of HCC cell lines [90,92]. MET, a transmembrane tyrosine kinase receptor of hepatocyte growth factor (HGF) ligand, is involved in the control of the invasive growth during embryogenesis, tumorigenesis, organogenesis, wound healing, and inflammatory responses. Decreased expression of MET results in inhibition of cell proliferation, invasion, and ultimately apoptosis of HCC cells [92,93].

miR-214 reduces  $\beta$ -catenin protein levels, not by mRNA degradation, rather through inhibition of mRNA translation (Ctnnb1). Downregulation of miR-214 causes higher  $\beta$ -catenin expression, which is associated with HCC cell growth, progression, invasion, and early recurrence [91,92,94].

HLA-G is an immune inhibitory molecule which is a part of the non-classic MHC-I family. In HCC, it regulates anti-cancer immune response by affecting dendritic cells, CD8+ T lymphocytes, and Natural Killer cells. miR-152 targets and downregulates HLA-G, thus leading to the attenuation of NK-mediated cytotoxicity toward tumor cells [94,95].

Insulin-like growth factor 1 (IGF-1) is the main ligand of IGF-signaling pathway characterized by tumorigenic and proliferative activity in carcinomas such as HCC. It acts by binding to the tyrosine kinase IGF Receptor, undergoing a conformational change, auto-phosphorylation, and activation of various signaling pathways including PI3K/AKT/mTOR, RAS/RAF/ERK and the JAK/STATs [96]. Its expression showed to be lower in HCC patients together with a reduction of Natural Killer-mediated cytolytic activity; However, in NK cells, it is essential for NK-mediated cytotoxicity. Youness et al. [97] found that miR-486-5p ectopic expression in Natural killer cells of HCC patients led to higher IGF-1 mRNA levels. Although usually inhibitory, there have been reports in the

literature of miRNA that miR-486-5p act by activating genes rather than repressing [43,98,99]. Thus, miR-486-5p is essential for increasing NK-mediated cytolytic activity which contrasts its oncogenic role in hepatocytes overwhelming its ULBP2 mRNA repression in hepatocytes [97]. miR-615-5p downregulates IGF-1, thus repressing IGF-1R; however, it was found to have an anti-cytotoxic effect in NK cell lines along with a tumor suppressive effect in HCC cell lines.

### Importance of NK Cells in HCC Metastasis Prevention

As previously mentioned, NK cell loss of function is highly associated with poor outcome and lower survival rate of HCC patients, which could be due to the absence of adequate amount of Natural Killer cell-based immune response to cancerous cells. Some studies suggest that Natural Killer cells might have a role in the removal of micro-metastatic cells from the circulation and also cytolysis of HCC metastatic cells in the other organs. In an experiment done by Barajas et al. they showed that gene therapy using an adenovirus that carries the IL-12 gene (AdCMVIL-12) prevents spontaneous lung metastasis by stimulating the activation of NK cells in HCC rat models [100].

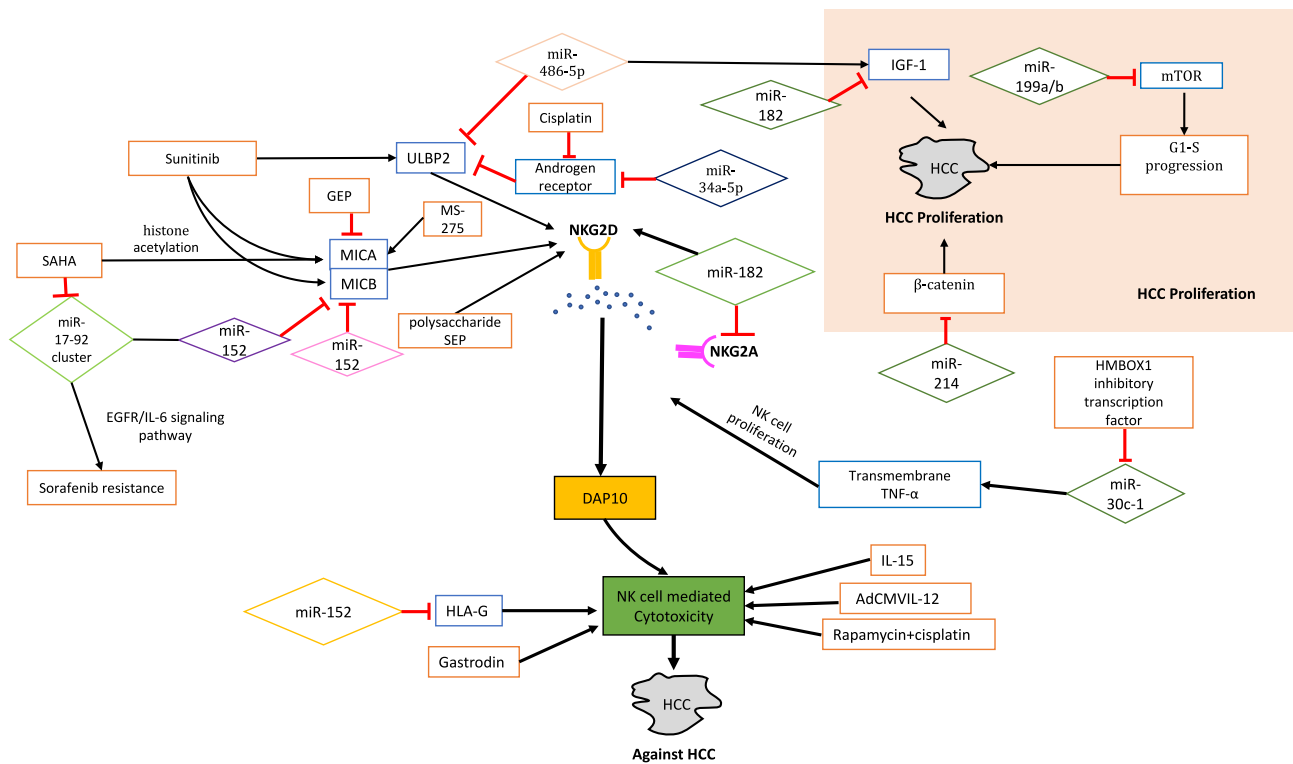
Further experiments on IL-1R8-deficient mice showed that IL-1R8 serves as NK cell checkpoints, removal of which results in increased TLR and IL-1 mediated inflammation, thus resulting in prevention of liver and lung metastasis [33]. Granulin-epithelin precursor (GEP), which is a liver oncofetal protein found in HCC, is responsible for its growth, chemoresistance, and metastasis. In HCC cell lines, GEP overexpression causes a reduction in sensitivity of HCC cell lines to NK cell cytotoxicity and vice versa. This is due to the downregulation of MICA, upregulation of human leukocytes antigen-E, and decreased production of soluble MICA, thus repressing NK cell activation. Additionally, in HCC patients, high levels of serum GEP and/or MICA showed to be associated with poor survival rate [60]. Thus, Natural Killer cells play a major role in the inhibition of tumor progression, migration and invasion [101].

### HCC Treatment Strategies

NK cells as major immunoregulatory components of our immune system can directly kill tumor cells without antigen sensitization. Previous data showed the potential of cancer immunotherapy for manipulation of NK cell activation [12,102]. Thus, targeting NK cells can be used as a promising treatment strategy which can significantly improve the process of treatment and that includes the use of adoptive transfer of allogeneic Natural killer cells, genetic engineered NK cells, NK cell-targeted chemotherapy and so on [103]. Previous studies suggest that targeting Natural Killer cells alone or with other immune cells such DCs can provide a powerful treatment method to help the body fight against HCC cells and is it associated with better outcome and higher survival rate of HCC patients [104] (Fig. 2).

#### Immunotherapy

There is a characterized reduction in TRAIL expressing NK cells occurring via decreased expression of CXCR3 ligand CXCL9 following hepatectomy. TRAIL is immunoprotective by increasing Natural Killer cells infiltration in the tumor environment. Hepatectomy and partial hepatectomy both lead to downregulation of the CXCL9-CXCR3 axis, which then decreases TRAIL expressing NK cells, and this is correlated with poor prognosis and early HCC recurrence [105]. However, recent studies have also shown that combined oncolytic adenoviruses that encode IL-12 and TRAIL



**Fig. 2.** Summary of important microRNAs, cytokines and drugs used to treat HCC through stimulation of NK cells. MicroRNAs, involved in HCC death and development, are classified as oncogenic such as miR-20a and miR-889 or tumor suppressive such as miR-34a-5p and miR-122. There is another group of microRNAs which can act both as either tumor suppressor or oncogenic microRNA such as miR-125b and miR-155. These microRNAs have both direct and indirect impact on the cytotoxicity of NK cells, thus playing an important role in determination of HCC prognosis.

genes can suppress hepatocellular carcinoma by increasing infiltration of NK cells in tumor microenvironment [106]. Therefore there is therapeutic potential for stimulation of TRAIL post hepatectomy in order to improve outcomes.

Peripheral blood Natural Killer cells can be expanded and activated by the use of different types of pro-inflammatory cytokines such as IL-21, IL-15, IL-12, IL-2 and type I IFNs [11]. Effects of Natural killer cell infusions were examined by Kamiya and colleagues, who discovered that expanded Natural Killer cells generally had a higher level of cytotoxicity against HCC cell lines than unstimulated or IL-2-activated NK cells. Furthermore, experiments demonstrated that using the chimeric NKG2D-CD3 $\zeta$ -DAP10 receptor enhanced the signaling capacity of the NKG2D receptor leading to increased cytotoxic activity of expanded Natural Killer cells in vitro and also in immunodeficient mouse models [110]. TLR7 and TLR8 agonists can also increase the efficacy of NK cell-mediated immune surveillance by promoting NK-DC cross-talk. DCs also cause IL-12 and type I IFN dependent enhancement of NK cells function, thus leading to an increased anti-tumor immune response to HCC [107]. Yu et al. have developed GPC3-Specific chimeric AR-engineered NK cells which exhibit highly cytotoxic activity and could be used as an effective immunotherapy option for GPC3<sup>+</sup> HCC patients [109].

### Chemotherapeutic Agents

A number of chemotherapeutic agents have been described to affect NK cells. Multitargeted tyrosine kinase inhibitors (MTKIs) mediate the NKG2D ligands upregulation to sensitize cancer cells to

Natural Killer cell therapy. Yet, the exact underlying mechanism is still unknown. Sunitinib, an MTKI, showed to cause increase in activation and cytotoxic capacity of Natural killer cells in HepG2 cell lines. It causes an upregulation of NKG2DLs, NF-kb family genes via NF-kb signaling noncanonical pathways, apoptotic genes, and DNA damage repair genes [111]. Muromonab-CD3 is a discontinued anti-CD3 antibody due to its side effect profile, and it along with its alternative GMP CD3 which has similar impacts on hepatic mononuclear cells, cause enhancement of Natural Killer cell activation and T lymphocyte depletion [112].

The polysaccharide SEP, acting via TLR2/4, has shown to activate Natural Killer cells and T lymphocytes. It also enhances the antitumor activity of the pyrimidine antimetabolite gemcitabine (GEM) against HCC by stimulation of NKG2D and DAP10/Akt pathways resulting in the activation of NK cells. It is also posited that NKG2D upregulation improves NK-92 cells sensitivity targeting to its ligand MICA expressed on HepG2 cells. GEM upregulates expression of MICA and decreases secretion of sMICA via inhibition of ADAM10, thus enhancing NK-92 cells cytolytic activity against HepG2 cells [113].

The proteasome inhibitor bortezomib has dual mechanisms for its antitumor effects in HCC. It inhibits proliferation of cancer cells and primes hepatoma cells for reactivity of Natural Killer cell. Therefore there is therapeutic potential if it is combined with NK immunotherapy which would cause synergistic effects [114]. Cisplatin has also showed it increases the efficacy of immunotherapy by increasing NK cell cytotoxicity through modulation of AR-ULBP2 signals [85].



Sorafenib administration triggers proinflammatory activities of tumor-associated macrophages by sensitizing it toward exogenous immune stimuli. This leads to induction of anti-tumor Natural Killer cell responses in a NF- $\kappa$ B and cytokine-dependent manner. Natural Killer cell activation, triggered by Sorafenib, is dependent on LPS, which is an exogenous factor and can be found in abundant number in the liver portal system [115]. Shi et al. found that sorafenib possibly enhances the cytotoxicity via inhibition of AR, thus increasing a subtype of IL-12, IL-12A [116]. Regorafenib, a newly recognized multikinase inhibitor anticancer drug for the treatment of advanced-stage HCC, acts by inhibiting RET, c-KIT, c-RAF, TIE-2, PDGFR, VEGFR1–3, FGFR-1, p38 MAP kinase and BRAF. A series of experiments performed by Tai and colleagues showed that Regorafenib causes inhibition of STAT3 signaling pathway, thus leading to the enhancement of Natural Killer cell cytolytic activity through NKG2D ligand upregulation and facilitating recognition of HCC cells by NK cells and ultimately apoptosis of HCC cells [64]. Regorafenib has a higher efficacy in induction of HCC cell apoptosis compared to that of Sorafenib, but their side effects and toxicity are almost the same. [118–120]. A pro-inflammatory TME with expression of TLR3 is associated with higher survival rate of HCC patient, occurring via activation of tumor infiltrating Natural Killer cells and T lymphocytes. TLR3 expression in HCC patients is positively correlated with NK cell activation, tumor infiltration, and is negatively correlated with viability of tumor parenchymal cells [108]. Ho and colleagues showed that the combination treatment of sorafenib and the TLR3 agonist, lysine-stabilized polyinosinic-polycytidylic acid, enhances *in vivo* local NK cell, T lymphocyte, macrophage and DC activation. Ligation of TLR3 alone might be the reason for augmented NK and T cell activation, however there is also a synergistic Natural Killer cell activation enhancement caused by combined therapy. It is posited that enhancement of tumor cell death by usage of two drugs results in increased free RNAs, triggering TLR3, leading to an increased immune activation [117].

### HDACIs

Histone deacetylase inhibitors (HDACIs) also affect NK cell function in HCC. Suberoylanilide hydroxamic acid (SAHA) treatment was found to significantly increase the susceptibility of HepG2 and H7402 HCC cell lines to NK cytotoxicity. Yang et al. demonstrated that MCM7 and miR-17-92 cluster expression were decreased in a dose-dependent manner. The mechanism of this effect was posited to be two-fold as MICA mRNA transcription induced by SAHA via an increase in MICA-associated histone acetylation. SAHA causes suppression of the miRNAs targeting MICA/B in order to lower the threshold of MICA/B expression [38]. Given that the miR-17-92 cluster is characterized to play a key in sorafenib resistance, there is potential for dual therapy for increased efficacy.

HDACIs also induces MICA expression, which as previously mentioned enhances NK cell mediated HCC cells eradication [35,121]. Sodium valproate, can increase the cytotoxic activity of NK cells [59]. The HDACI MS-275 was found to upregulate expression of MICA, MICB and HSP70 which thus enhances NK cytotoxicity in HepG2 lines [122]. Further studies by Goto and colleagues have shown that disulfiram enhances antitumor Natural Killer cell activity by suppressing sMICA production with enzymatic inhibition of ADAM10 [123]. Therefore HDACIs have potentials as HCC vaccines.

### Antimicrobials

Recent research has uncovered possibilities for using existing antimicrobials in the treatment of HCC. The antifungal HDACI trichostatin A indirectly kills HCC cells by increasing NK cell cytotoxicity of HCC cells via transcriptional modulation of important genes such as ULBP1 and RAET1G. Directly, it can increase apoptosis of HCC cells [124]. Lomofungin is an FDA approved antifungal, that decreases ADAM17 activity which then decreases sMICA in a dose dependent manner [125]. Anisomycin is an antibiotic that is a eukaryotic protein synthesis inhibitor produced by *Streptomyces griseolus*. A study done by Kim and colleagues has shown its potential as a novel therapeutic HCC drug as it modulates a broad range of genes such as lymphocyte-associated antigen-3, MHC-1, CD58, and ICAM4 in order to improve formation of immunological synapses between Natural killer and Hepatocellular carcinoma cells [126].

### Novel Treatments

Melittin, isolated from honeybee venom, has potential anti-arthritis, antimicrobial, anti-inflammatory and also anti-tumor properties. A synthetic novel peptide analog of this, known as TT-1, was developed to have more anti-tumor effects. The combination of TT-1 with IFN- $\alpha$  enhances NK cells activity against HCC cells by promoting NKG2D and MICA interaction [127]. Another melittin analog Mel-P15 was also found to have potential in the treatment of HCC. It directly stimulates NK cytotoxicity, and also increased secretion of IL-2, TNF- $\alpha$  and IFN- $\gamma$  [128]. Gastrodin is a compound extracted from the well-known East Asian restorative food *Gastrodia elata* Blume. It can reduce growth of transplanted H22 hepatic tumor cells with low toxicity in mice. Gastrodin causes enhancement of cytotoxicity of Natural killer cells and CD8<sup>+</sup> T lymphocytes via a mechanism that has not yet been understood [129]. Interestingly, Chen et al. showed that polypeptides extracted from scorpion venom (PESV) causes inhibition of HCC cell proliferation in mice. They also found that survival time of these cancer mouse models was increased following treatment with PESV. The inhibitory effects of PESV in HCC is likely due to MICA-NKG2D pathway activation resulting in the upregulation of NK cell activity [130]. These more novel treatments demonstrate the therapeutic potential and importance of research into less established medications.

Other potential treatment options apart from the listed types of immunotherapy, anticancer drugs, HDACIs, antimicrobials, and novel treatments, such as recombinant plasmid DNA, chimeric virus-like particles, viral vectors such as different types of Adeno-associated virus (AAV), adoptive transfer of tumor-specific T lymphocytes and cancer cell vaccines which can also enhance the NK cell-mediated immunosurveillance against HCC [131]. Even nano-pulse stimulation, which induces upregulation of CD8 expressing NK cells, demonstrated to be an effective treatment modality for Hepatocellular carcinoma [132]. Despite the advances in NK cell-based research and treatment, much is left to learn about the correct use of NK cells for HCC treatment. One of the most important steps to develop novel treatments against HCC is to better understand the properties and differences of intra-hepatic Natural Killer cells from that of peripheral blood in order to increase specificity of treatments [133]. (Table 2)

### NK Cells in Other Tumors

As previously mentioned, NK cells play a critical immunodefensive role in different types of malignancies such as lymphoma, HCC,

**Table 2.** A Brief Summary of Novel and Currently Used HCC Treatment Strategies.

Treatment Strategy	Mechanism	Stage	Country	Clinical Trials.gov Identifier	Reference	
Immunotherapy	Combined oncolytic adenovirus encoding IL-12 and TRAIL genes				[1,105,106]	
	type I IFNs				[11]	
	IL-2	Phase1	China	NCT03175679	[11]	
	IL-21, IL-15, IL-12	Phase3	China	NCT01681446	[11]	
	TLR7 and TLR8 agonists	Phase 1	Sweden China	NCT01974661 NCT02882659	[107]	
	TLR3 agonists (such as lysine-stabilized polyinosinic-polycytidylic acid)	Phase 1 Phase 2	China	NCT02562963	[108]	
	GPC3-Specific chimeric AR-engineered NK cells				[109]	
	chimeric NKG2D-CD3 $\zeta$ -DAP10 receptor				[110]	
	Multitargeted tyrosine kinase inhibitors (MTKIs)	Upregulation of NKG2DLs, NF-kb family genes via NF-kb signaling noncanonical pathways, apoptotic genes, and DNA damage repair genes	Phase 3	Netherlands	NCT01265810	[111]
	Muromonab-CD3 (a discontinued anti-CD3 antibody) and its alternative GMP CD3	Sensitization of cancer cells to Natural Killer cell therapy Enhancement of Natural Killer cell activation T lymphocyte depletion	Phase 3	Egypt	NCT02568748	[112]
The polysaccharide SEP	Activation of Natural Killer cells and T lymphocytes via TLR2/4 Enhancement of the antitumor activity of the pyrimidine antimetabolite gemcitabine (GEM) against HCC by stimulation of NKG2D and DAP10/Akt pathways resulting in the activation of NK cells				[113]	
Chemotherapy	Gemcitabine (GEM) (a pyrimidine antimetabolite)	Phase 2	China	NCT02527772	[113]	
	Bortezomib (a proteasome inhibitor)	Phase 2	USA	NCT03607643	[114]	
	Cisplatin				[85]	
	Sorafenib				[108,115–117]	
	Regorafenib	1. Inhibition of RET, c-KIT, c-RAF, TIE-2, PDGFR, VEGFR1–3, FGFR-1, p38 MAP kinase and BRAF 2. Inhibition of STAT3 signaling pathway leading to the enhancement of NK cell cytolytic activity and apoptosis of HCC cells	Phase 2	Germany	NCT03644511	[118–120]

(continued on next page)

Table 2 (continued)

Treatment Strategy	Mechanism	Stage	Country	Clinical Trials.gov Identifier	Reference
HDACIs	Suberoylanilide hydroxamic acid (SAHA)	Phase 1	USA	NCT01075113	[35,38,121]
	Sodium valproate				[59]
	HDACI MS-275				[122]
	Disulfiram				[123]
Antimicrobials	Trichostatin A (an antifungal HDACI)				[124]
	Lomofungin (antifungal)				[125]
	Anisomycin (antibiotic)				[126]
	TT-1 (synthetic novel peptide analog of Melittin, an anti-arthritis, anti-microbial, anti-inflammatory and anti-tumor drug)				[127]
	Mel-P15 (Melittin analog)				[128]
Novel Treatment options	Gastrodin				[129]
	polypeptides extracted from scorpion venom (PESV)				[130]
	Recombinant plasmid DNA, chimeric virus-like particles, viral vectors such as different types of Adeno-associated virus (AAV), adoptive transfer of tumor-specific T lymphocytes and cancer cell vaccines				[131]
	Nano-pulse stimulation				[132]

gastric, renal, lung and endometrial cancer. As we discover more about their important role in body's immunodefense mechanism against malignancies, we can develop more treatment options with better and higher efficacy.

Assessment of a group of activating surface receptors such as NKp30, NKp46, NKG2D, and DNAM-1 on peripheral blood NK cells of gastric cancer patients showed that decreased expression of these surface receptors is highly associated with decreased NK-cell mediated immunity in these patients, which is negatively correlated with survival rate [134].

Wang and colleagues found that utilization of IL-15 leads to increased cytotoxicity of NK cells, which can help to prevent or reduce hepatic metastasis in gastric cancer patients [135].

On the other hand, Misumi T et al. also found that using rhCD137 ligand, which serves as a costimulatory molecule, induces further activation of NK cells, thus increases the efficacy of treatment with tumor-targeting mAbs in gastric cancer patients [136]. Experiments on Ishikawa-xenografted nude mouse model of uterine endometrial cancer showed that combined use of rapamycin with cisplatin restricted tumor growth through increasing cytotoxic activity of NK cells. [137]. Furthermore, Langers et al. demonstrated that cross-talk between NK and Dendritic cells, which is mediated by CD40 interaction and IL-12p70 secretion, leads to an increased immunity against HPV vaccine viral particles, thus lowers the chance of developing uterine cervical cancer in the future. [138]. It was reported that mutations in  $\beta$ -catenin exon 3 and the subsequent activation of Wnt pathway is associated with lower survival rate and poor prognosis of NK/T-cell lymphoma patients [139]. Use of genetically engineered NK cells as an effective antitumor treatment option for treating Renal Cell Carcinoma has attracted many scientists' attention. Zhang and colleagues examined the efficacy of combined therapy with Cabozantinib and epidermal growth factor-(EGFR-) specific third-generation CAR-NK-92 cells for treatment of renal cell carcinoma. They found that Cabozantinib could promote CAR-NK-92 cell cytolytic ability through increasing EGFR and decreasing PD-L1 surface receptors of RCC cells. [140]. On the other hand, Kremer V et al. reported that treatment of RCC with genetically engineered CXCR2- expressing NK cells has higher efficacy due to increased migration these NK cells toward RCC cells. [141]. NK cells also play an important role in the control of lung cancer, however the underlying mechanism is not well understood. Shi L et al. reported that exposure of NK cells to the environmental major histocompatibility class I (MHCI) causes an upregulation of activating surface receptors such as NKG2D, NKp46, which leads to a better control of lung cancer by NK cells. [142]

As we mentioned before, enhancing the cytotoxic ability of NK cells is the hallmark of most cancer and infection treatments, however in some conditions such as organ transplantation, NK cells need to be suppressed in order to prevent organ rejection. NK cells are one of the major causes of allograft rejection and this is due to their cytotoxic effect on allograft tissue through ligation of immunoglobulin-like receptor (KIR) or NKG2D. [143]

It's noteworthy to know that NK cells recent studies have shown that NK cells are also involved in varying pathological and physiological processes in pregnancy such as pregnancy induced-hypertension and some cancers. There is also a distinct group of small lymphocytes known as the uterine-specific uNK cells, which are different from the peripheral blood NK cells and are involved in mediating trophoblast invasion. [144]

## Conclusion

The literature includes overwhelming evidence regarding the importance of Natural Killer cells in HCC. Dysfunction of Natural Killer cells is important and variant between control, early, and late stage HCC. It generally involves decreased cytolytic activity of NK cells, whilst there are a number of different mechanisms causing this including the complex interplay between receptors, ligands, and the NK cells themselves. The exact pathophysiological mechanism underlying this change is still not completely understood however this is an important area for research. The research into miRNA adds another layer of complexity, however this also holds promise as a way of tailoring novel HCC treatment to the individual – realizing the ideal of precision medicine.

## Declaration of Competing Interest

There is no conflict of interest with any financial organization regarding the material discussed in the manuscript.

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